

## LAWRENCE DOUGLAS COUNTY ADVOCACY COUNCIL ON AGING

Independence Inc., 2001 Haskell Avenue, Lawrence, KS 6044

Minutes of August 15, 2017

**Attending:** Mary Johnson, Ellen Paulsen, Artie Shaw, Tracy Harmon, Susan Harris (new JAAA director), Karen Keintzen, Bob Russell, Saunny, Brenda Nunez, Marvel Williamson, Melissa Williams, Judy Bellome,  
Guest Speaker: Ansley Anderson Sosinski, MA, RN from Lawrence Memorial Hospital

Judy opened the meeting with introductions all around and then introducing our speaker Ansley Anderson Sosinski, MA, RN from Lawrence Memorial Hospital. Her remarks are summarized below.

Ansley Anderson has served as the Community Education Coordinator for the past 28 years. She has also worked in several other departments for community at LMH. The hospital is governed by a Board of Trustees. Russell Johnson, new CEO is a big advocate for community partnership. The hospital's theme is "better together."

The Community Education department offers a variety of classes and programs ranging from safety to prenatal care. LMH therapy services are housed at the Rock chalk facility and offer a variety of programs fitness for special populations such as seniors; tai chi for balance; 2 new classes for people with Parkinson's; 2 aquatic classes – jive and joints and aqua-fit. Fit for Life is an exercise program for those who don't want to go to the gym. Cost on that program is \$35 for 12 sessions. Wellness coaching is also available.

Dr. Marvel Williamson, Senior Resource Center provided an update on all that is going on.

- Downtown site – work has finally started. She hopes to be back downtown by the end of 2018.
- Senior Summit – will be held on the 4<sup>th</sup> Thursday every September and March from 1 to 3 pm. SRC is in the 1<sup>st</sup> phase of building a comprehensive database. The next Summit will focus on Eudora which has no senior center and no CHAMPSS meals. Eudora does have home delivered meals. The meeting will be held at the Eudora Parks and Rec building on September 28<sup>th</sup> and will have focus groups and discussions.
- Medicare enrollment begins October 15<sup>th</sup> at SRC, 2929 Haskell Avenue. Open enrollment will also be held there. Janet Ikenberry will celebrate 25 years with SRC. Party will be November 16<sup>th</sup> from 3:30 to 5pm at Macellis'.
- On Saturday, February 17, 2018, the 1<sup>st</sup> Annual Better Living Expo will be held at the fairgrounds. This will feature products and focus on builders. Expo will fill 2 buildings.

The Health department will be offering Community Health Forums in Baldwin City, Eudora and Lawrence in the next 2 weeks. Flyers were handed to meeting attendees.

Legislative update – Judy provided information.

- Kansas - The computer system at KDHD and DCF was down over the weekend and will be down for the next two week as new system is installed.
- KANCARE – meeting will be Aug 28<sup>th</sup> and will deal with oversight.
- National –Senator Jerry Moran has been holding town meetings around the state. Paul Davis is making a state tour starting with District 2.
- CARE Act – law was passed and will provide for discharge planning. It will be fully in-acted July 2018. Kathy Greenlee will be doing education programs across the state.

Transportation – Ellen reported on the online survey that addresses restrooms, weather protection, water. The hub needs to be in a place that is not isolated. She encouraged everyone to go online and vote. There will be 3 separate issues on the November 7<sup>th</sup> election ballot which deal with taxes and transportation.

Announcements –

League of Women Voters will hold a potluck on September 24<sup>th</sup> to meet the candidates.

Voter Education Coalition will be holding forums to meet the city commissioner and school board candidates.

AARP has help meetings to say NO to taxes.

LWV meeting on August 17<sup>th</sup>, noon will feature Tom Sloan talking on water issues.

We are excited to welcome Dr. Marvel Williamson as our speaker in September.

The next meeting will be September 19<sup>th</sup> at 11:30 for eat and greet so bring your lunch and visit.

Respectfully submitted,  
Mary Johnson

**Breakout groups:**

**Transportation** – Brenda, MaryJ, Ellen, Dawn

**Caregiving** – Michele D, Tamara, Artie, Judy

**Accessibility** – Saunny, \_\_\_\_\_?

**Affordable Housing** – Tamara, Brenda, Dawn