

Lawrence
Community
Shelter (LCS)

Annual
Activities
Report
2010

Lawrence Community Shelter, Inc. (LCS) ANNUAL ACTIVITIES REPORT - 2010

ONGOING PROGRAMS

Case Management -- Intake and assessment, goal setting, and progress meetings, basis for management of all program involvement

Housing

On-site emergency night shelter for 53 families and adults in warm weather, 76 in cold weather, and up to 136 in freezing weather (91 usual maximum), housing applications, referrals and collaborations with local landlords, Lawrence Douglas County Housing Authority, The Salvation Army, and Topeka Rescue Mission

Employment

Back-to-Work — job preparation, job search, job oversight, permanent and temporary employment assistance; Good Dog! Biscuits and Treats entrepreneurial jobs program – on-the-job training for production, marketing, and distribution skills. Collaborations with Work Force Center and employment agencies

Benefits, ID, Legal

Identification replacement, food stamp, disability, Medicaid and other applications, Kansas Legal Services, DMV, Social Security office, SRS

Intervention – Substance Abuse and Mental Illness

Alcohol and drug counseling, transportation to detox and rehab programs in Topeka, Johnson County, and Kansas City, AA meetings; referrals and collaborations with DCCCA, RADAC, Valeo, and Johnson County Adult Detox Unit, Bert Nash Community Mental Health Center, Lawrence Memorial Hospital, and others

Drop-In Center/Daytime Services - breakfast, laundry, mail, telephone, storage, art therapy, chiropractor, health screenings and education, refuge from extreme weather

Night Services - sleeping spaces for 53 to 110+ families and adults depending on the season and temperature, dinner, storage, showers, substance abuse intervention, counseling

TWELVE MONTH SUCCESSES – 34,607 units of service delivered to the homeless

Housing -- staff helped with applications, landlord/tenant relations, fees, searches

- 54 people moved into permanent housing
- 30 applied to Lawrence Douglas County Housing Authority

Employment -- staff helped with job coaching, entrepreneurial projects, state employment guidance

- 27 people started permanent jobs

Benefits -- staff helped obtain ID, birth certificates, licenses, SRS and SS applications

- 82 individuals applied for ID, driver's license, and other documentation
- 31 applied for disability

Intervention -- staff helped with mental and physical illness episodes, substance abuse detox and rehab

- 21 individuals entered substance abuse detox or rehab programs
- 27 others went to the emergency room or were hospitalized for physical illness
- 42 people went to mental health assessment or treatment
- 401 received prescription assistance

DEMOGRAPHIC PROFILE

- ❖ 419 intakes for new guests in 2010 into case management programs
- ❖ 667 individuals signed into day and night programs combined
- ❖ Family Program served 50 families with 67 adults and 83 children
- ❖ 71% male; 29% female
- ❖ 13% under 19 years of age; 67% between 20 and 50 years; 20% over 50 years of age
- ❖ 71% white; 15% African-American; 8% Native-American; 6% Other
- ❖ 48% with mental illness; 43% with substance abuse; 65% with a disability
- ❖ 70% from Lawrence/Douglas County

GOALS ACHIEVED

- Hired new Development Director for Lawrence Community Shelter grant writing, donor relations, and public communications
- Development of The Dog House at 412 East 9th as a retail outlet for Good Dog! Biscuits and Treats (the employment project for Lawrence Community Shelter guests) and eight other sellers of dog related products
- Increased Back-to-Work job preparation program with success in strengthening personal skills
- Enlarged meals program for more than 75 people five mornings a week and 110 +/- on evenings with freezing weather
- Daily living services (laundry, mail, storage, phone) provided to more than 50 people daily
- 200+/- volunteers for the day and night shelters
- Continued funding support received from wide Lawrence community

COLLABORATIONS

Coalition for Homeless Concerns, Community Commission on Homelessness, 30+ faith groups, LINK, Community Cooperation Committee, Seabury Academy, KU Community Outreach Office, "Change of Heart" street newspaper, United Way of Douglas County, United Way Roger Hill Volunteer Center, The Salvation Army, ECKAN, Willow Domestic Violence Center, First Step House, Interfaith Initiative, Bert Nash Community Mental Health Center, DCCCA, Douglas County Health Department, Cottonwood/Job Link, Health Care Access, Douglas County Jail Reentry Program, Leo Center/Heartland Clinic, and other providers

GOING FORWARD

- Continue major relocation capital campaign
- Finalize search for new shelter building
- Increase marketing and distribution of Good Dog! Biscuits and Treats
- Hire full time staff for Good Dog! Biscuits and Treats
- Develop new job training program with Department of Labor

Interested in Volunteering? Report a Problem? Make a Donation? Learn more about LCS?

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24/7 Emergency Shelter – Purpose

The 24/7 Emergency Shelter funding is an essential service provided by private and public sources. The City funding is the key source of funding that fills in the hours of operation to ensure a 24/7 place for homeless individuals and families. The conditions of the this grant were to

- (a) operate the 24/7 Emergency Shelter to approximately 53 individuals and provide over 19,000 services, plus case management and other programs to assist individuals to get out of homelessness;
Outcome – 419 new intakes
- (b) complete intakes on new individuals;
Outcome – 52,347 units of service (31,408 bed nights; 20,939 other daily living services)
- (c) maintain and add to 24/7 programs so that unmet needs are answered
Outcome – New program added – First Step Job Pre-Selection Counseling Program

How Funds Were Spent

Case managers/monitors salaries portions	\$30,000
Job Counselor salary portion	15,000
Direct assistance – food, medical, transportation, ID	<u>4,000</u>
Total expenses	<u>\$49,000</u>

Substance Abuse Intervention and Collaboration Program

The Special Alcohol Funds were to be used to achieve the following program objectives:

Process Outcomes

- (a) obtain admission for 4 individuals into detox, rehab, or psychiatric care each month
outcome – averaged 5.25 individuals each month
- (b) continue outreach efforts from DCCCA, RADAC, and Bert Nash Community Mental Health Center
outcome – constant exchanges between LCS case managers and staff of DCCCA, RADAC, and Bert Nash for clients
- (c) add new case manager or substance abuse counselor for Intervention and Collaboration Program
outcome – due to revenue limitations this new position was not added in 2010

Behavioral Outcomes

- (a) enter 10 or more individuals into case management each month
outcome – averaged 34.92 per month new individuals into case management each month
- (b) place 6 individuals coming from detox, rehab or psychiatric care into a job over the year and maintain a follow-up schedule to sustain the employment
**outcome – 8 individuals coming from detox, rehab, or psychiatric care were placed into jobs and follow-up;
 3 sustained employment**

Impact Outcomes

- (a) 4 individuals through their commitment to case management, employment and/or recovery practices will improve their life skills to the point of holding a job, being a reliable tenant, and/or remaining in recovery for 12 months.
outcome – 5 individuals successfully held a job, a tenancy, and/or remained in recovery for 12 or more months
- (b) Identify community support to help establish a detox and/or rehab facility in City/County
outcome – these discussions have been discontinued for the time being by relevant agencies

How Funds Were Spent

Case managers salaries portions	\$13,000
Monitors salaries portions	13,000
Local travel, supplies	<u>1,000</u>
Total expenses	<u>\$27,000</u>