



City of Lawrence

2011 Outside Agency Funding – Special Alcohol Funds

Applications for 2011 funding must be complete and submitted electronically to the City Manager's Office at ctoomay@ci.lawrence.ks.us by the deadline of 5:00 pm on Monday, May 31, 2010.

General Information: Each year, the City Commission considers requests for the allocation of dollars to a number of agencies that provide services benefiting the Lawrence community. The decision on funding a request will be made during the City's annual budgeting process. The decision will be based upon the availability of funds, the need demonstrated through the agency's application, the stated objectives of the applicant's program, past performance by the agency in adhering to funding guidelines (as appropriate), and the ability to measure progress toward the program objectives.

Below are descriptions of descriptions of the categories of programs that may be funded with Special Alcohol Tax. An organization may apply in as many categories as it chooses.

Prevention. Activities related to prevention are described below.

Universal Prevention: A universal prevention strategy is one that is desirable for all members of a given population. The goal of the universal prevention is to deter the onset of substance abuse by providing all individuals with information and skills needed to prevent the problem.

Selective Prevention: Selective prevention strategies target subgroups that are believed to be at greater risk than others. Risk groups may be identified on the basis of biological, psychological, social or environment risk factors known to be associated with substance abuse.

Indicated Prevention: The purpose of indicated prevention is to identify individuals who exhibit early signs of substance abuse and associated behavior and to target them with special programs. In the field of substance abuse, an example of an indicated prevention strategy might be for high school students who experience truancy, failing grades and depression.

Treatment & Recovery. Treatment and recovery related activities are described below:

Assessment/Evaluations: Assessment and Evaluation is the process of identifying the extent of a substance abuse problem through the process of background assessments and interviews. The assessment and evaluation stage allows a clinician to make an appropriate diagnosis and treatment placement.

Therapy: This section of the continuum includes inpatient, outpatient or educational processes to assist the client in addressing substance abuse issues.

Aftercare: Aftercare includes efforts to reintegrate clients into a normal living situation and support a substance free existence. Aftercare may also include on-going therapy with clinical, family support and self-help programs.

Intervention. Activities related to intervention include initial assessment of individuals who have problems with substances and making appropriate referrals. Intervention also includes efforts to interrupt the use of substances in order to connect the client with proper treatment resources.

Coordination. Comprehensive and coordinated efforts provide multiple benefits when communities address alcohol and other drug problems. A community-wide approach is effective because:

- 1) It affects the entire social environment, which allows communities to have strategic approach to addressing norms, values, and policies as well as changing conditions that place children at risk.
- 2) It develops broad base of support and teamwork which allows all agencies involved to fully understand their contribution to the overall single strategy to address issues.

- 3) It brings results that are long lasting by integrating programs, services, and activities through existing organizations and extends the influence of all programs.

Other. Programs, policies or practices deemed appropriate according to Charter Ordinance 33.

Collaboration and/or coordination between organizations is highly recommended and multi-agency proposals to address an identified community problem are encouraged. Programs should have research based effective strategies or “promising approaches.” All programs must have goals with measurable outcomes.

PLEASE NOTE THAT FUNDS WILL BE DISBURSED ACCORDING TO THE FOLLOWING SCHEDULE UNLESS OTHERWISE AGREED TO IN WRITING:

- o FIRST HALF OF FUNDS WILL NOT BE DISBURSED BEFORE APRIL 1
- o SECOND HALF OF FUNDS WILL NOT BE DISBURSED BEFORE OCTOBER 1

The budget picture from the Kansas Legislature creates uncertainty as to the status of the local portion of the alcohol liquor tax. If the Legislature decides to eliminate or reduce the local portion of this tax, it will impact the City’s ability to fund programs. The City of Lawrence is proceeding with the Request for Proposal process and accepting applications for the alcohol tax revenues, with the understanding that funding levels, if any, are unknown and potentially subject to reductions by the State Legislature.

Questions? Contact Casey Toomay, Budget Manager at ctoomay@ci.lawrence.ks.us or 785.832.3409 .

APPLICATION

Please give your answers in the gray text fields below:

SECTION 1. APPLICANT INFORMATION

Legal Name of Agency: The Willow Domestic Violence Center formerly Women's Transitional Care Services

Name of Program for Which Funding is Requested: The Resilience Enhancement Program

Primary Contact Person: Sarah Terwelp

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SECTION 2. REQUEST INFORMATION

The criteria for each application questions are explained below.

A. Amount of funds requested from the City for calendar year 2011.

Program should fit within one of the established categories.

Prevention	\$ 17000
Treatment	\$
Intervention	\$
Coordination	\$
Other	\$

A. Provide a brief description of the program. Summary of program should be clear and concise. Is Program based on proven effective strategies or “promising approaches?” Description should address how program is designed to have long-term effects on a person’s decisions about alcohol and other drug use. When appropriate, program design takes into account the person’s family and/or community.

The Resilience Enhancement Program [REP] is a component of The Willow Domestic Violence Center Children’s Program. It has been designed to address the consequences suffered by children (four to nine years of age) impacted by domestic violence. REP is a promising approach since it integrates individual, family, and group interventions to increase the program participants’ level of resilience.

By enhancing these children’s capacity to overcome adversity, we intend to break the cycle of violence, providing them opportunities to heal from the toxic health effects of domestic violence on their lives, preventing the devastating consequences for their future, especially substance abuse. Considering that children exposed to domestic violence have been found to be at an increased risk for a broad range of emotional and behavioral difficulties, including substance abuse, REP seeks to prevent the long-term devastating consequences of experiencing domestic violence by increasing the children’s perception of domestic violence and drug use as harmful.

Through their participation in the program, children will increase their social and communication skills; as well as their coping and problem solving skills, especially developing a safety plan, including substance abuse issues, such as safety planning for an incident in which either parent is using drugs. Family, individual, and group interventions will increase the children’s levels of self-esteem through different fun and creative activities. In other words, children will learn to discover their sense of power, recognizing that they always have a choice instead of using violence and drugs.

B. Provide a brief description of how the need for this program was determined.

The need for the program should be clearly established and outlined. When appropriate, the context of other services available, or the lack thereof, should be provided. Statistical data that supports community need should be provided. According to the Kansas Bureau of Investigations 2008 Domestic Violence and Rape Statistics, 51% of domestic violence offenders in Kansas were under the influence of Alcohol and 11% were under the influence of drugs/narcotics. During 2008, the City of Lawrence Police Department responded to 579 incidents of domestic violence at which 399 arrests took place. Our agency statistics for the same period reveal servicing 683 children and 671 women. Based on the numbers and the fact that there is a correlation between substance use and domestic violence, there is a clear need for our program.

C. Describe the desired outcomes of this program (see Logic Model). At least one Process, one Behavioral and one Impact outcome must be included and clearly outlined on Logic Model. Outcomes must be measured by an identified evaluation tool. Does agencies show adequate progress towards achieving their targeted outcomes if previously funded.

1. Process Outcome- 100 children ages 4-15 will participate in two weekly expressive art groups with an average of 8 children per session and an expected total of 1152 direct service contacts or will receive individual sessions with the Art Therapist.

During the 2009 grant year, 69 children participated in the art groups with 429 direct service hours. Due to gap in staffing, few services were provided October through December.

2. Behavioral Outcome- 80% of program participants will demonstrate improvement in at least one of the following areas: non-violent communication, handling anger positively, and/or improved self-confidence. The impact of the workshops will be measured through weekly workshop logs kept by the facilitator, monthly reports, participant and family strengths assessment and facilitator annual evaluation.

During the 2009 grant year, 94% of program participants demonstrated improvement in non-violent communication, handling their anger, and self-confidence.

3. Behavioral Outcome- 75% of program participants will demonstrate increased perception of violence and drug use as harmful. This outcome will be measured through a checklist to assess the children’s perception change over time.

During the 2009 grant year, 100% of children increased their understanding of the harmful effects of substance use.

4. Impact Outcome -The children who participate in the program will not be involved in Domestic Violence or Substance Abuse in the future, leading a positive adult life, using arts to express, and showing the power of healing in their experience.

5. Process outcome -REP will conduct at least two exhibits for grant year in order to share the children's artwork with the community and enhance community awareness of domestic violence and substance abuse on children. One of these exhibits will be done in October (Domestic Violence Awareness Month) and one in April (Substance Abuse Awareness Month).

D. Describe any coordination efforts your agency has made. Program strategy should involve a coordinated approach. Description should address how this particular program or service fits with other existing efforts to reduce fragmentation and duplication.

This is a promising and holistic approach since it addresses both domestic violence and substance abuse prevention, by fostering resilience in these children. This approach reduces the fragmentation of services. Also, considering that there are no selective prevention efforts targeting children exposed to domestic violence we will be filling an important gap in the services offered in our community as we make it possible for these children to have a better future.

The individual and family interventions incorporate referrals to other services in the community. Therefore, there will not be duplication of services.

E. Describe how your agency is capable of implanting the proposed program. Based on agency history, management structure, and staffing pattern, does organization have capacity to implement the proposed program and achieve the desired outcomes?

The Willow Domestic Violence Center formerly Women's Transitional Care Services, Inc. is a not-for-profit organization, founded in 1976 with the mission to work toward peace in the world by the elimination of violence in our communities. We provide services in five different locations in Douglas, Jefferson, and Franklin Counties in Kansas. Number of services provided during our last Fiscal Year (2009): 24-hour crisis line: over 1,789 crisis calls; Emergency shelter: 262 women and children; Support group for survivors: 93 women; Community education and outreach: over 2300 people; Peer counseling: over 1200 women; Children's program: 121 children in shelter.

WTCS has 15 staff, including the Executive Director and approximately 40 trained volunteers. Our history, structure, and staff demonstrate that the organization is capable of putting the proposed program into action.

F. Provide a detailed budget for the proposed program using the categories provided. The budget request for the program described should be reasonable and spelled out according to the categories below. Does the organization use funding creatively to get the most for the money, i.e. use of students, volunteers, in kind donations, leveraging of this funding to get other funding, etc.? Are long-term plans for program funding discussed – will this be an annual request for alcohol tax, is it expected to increase, decrease, etc.? Are other sources of funds used for the program? If so, are they described.

- Personnel (list each staff position individually and note if new or existing)
- Fringe Benefits
- Travel
- Office Space
- Supplies: office
- Supplies: other
- Equipment

The budget is illustrated in the table below. As requested in the March 26, 2010 City Manager's letter, a column with a 2.5 % reduction has been added. The impact of the 2.5% decrease would reduce the amount of materials available to the children for the art activities.

We continue to search for new funding opportunities and fundraising ideas to allow this program to be self-sustainable. The Alcohol Tax Funds and our volunteers time provide a match for the federal

dollars received for the Children's Program Coordinator position.

Name of Position or Item	Request	2.5% Reduction	In-kind Match
REP facilitator (existing)	\$13,520	\$13,520	
Children's Program Coord.			\$27,040
Volunteers			\$4,859
Fringe	\$1,381	\$1,381	
Personnel Subtotal	\$14,901	\$14,901	\$31,889
Supplies	\$2,099	\$1,674	
Grand Total	\$17,000	\$16,575	\$31,889

SECTION 3. LOGIC MODEL

Please complete the Logic Model below.

ASSESSMENT DATA	GOALS/OBJECTIVES	TARGET GROUP	STRATEGIES	PROCESS OUTCOMES	BEHAVIORAL OUTCOMES	IMPACT OUTCOMES
<p>The assessment is your baseline data (the behavior with current risk and protective factor data).</p> <p>Non-violent communication Handling anger positively Self-confidence Perception of violence and drug use as harmful.</p>	<p>The Goals and Objectives are statements of what you're wanting to accomplish.</p> <p>Increase the levels of resilience of children exposed to domestic violence. Prevent domestic violence and substance abuse</p>	<p>Your target group is who you're working with.</p> <p>Children from four to fifteen years of age who have been exposed to domestic violence: -who live in the shelter - who live in the community.</p>	<p>Strategies are the program, policy, procedure, etc. you will implement to address your goals.</p> <p>Resilience Enhancement Program: - Individual intervention- - Strengths assessment Safety Plan Domestic Violence and Substance Abuse Awareness - Family intervention Strengths assessment Domestic and Substance Abuse Awareness</p>	<p>Process outcomes measure what intervention was conducted with what group of people (I.e., how much money was spent, number of people served, client satisfaction)</p> <p>Example: Fourteen lessons were taught to fourth graders during January 2006.</p> <p>*All outcome statements are concrete with numbers of change over an amount of time</p> <p>1.100 children ages 4-15 will participate in two weekly expressive art groups with an average of 8 children per session and an expected total of</p>	<p>Behavioral outcomes measure the impacts, benefits or change in behavior during and after participation in the system/intervention.</p> <p>Example: The grade point average of all matched students raised by .5% during first semester of 2006.</p> <p>*All outcome statements are concrete with numbers of change over an amount of time</p> <p>1. 80% of program participants will demonstrate improvement in at least one of the following areas: non-</p>	<p>The impact outcome will be your "pie in the sky" statement of how things will be down the road for your target population if all your outcomes are met and everything goes perfectly.</p> <p>The children who participate in the program will not be involved in Domestic Violence or Substance Abuse in the future, leading a positive adult life, using arts to express, and showing the power of healing in their experience</p>

				<p>1152 direct service contacts throughout the year or receive individual sessions with the Art Therapist.</p> <p>2.REP will conduct at least two exhibits for grant year in order to share the children's artwork with the community and enhance community awareness of domestic violence and substance abuse on children</p>	<p>violent communication , handling anger positively, and/or improved self-confidence.</p> <p>2. 75% of program participants will demonstrate increased perception of violence and drug use as harmful.</p>	
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