

Lawrence
Community
Shelter (LCS)

Annual
Activities
Report
2011

Lawrence Community Shelter, Inc. (LCS) ANNUAL ACTIVITIES REPORT - 2011

ONGOING PROGRAMS

Case Management -- Intake and assessment, goal setting, and progress meetings, basis for management of all program involvement

Housing

On-site emergency night shelter for 53 families and adults in warm weather and up to 107 in freezing weather (98 usual maximum), housing applications, referrals and collaborations with local landlords, Lawrence Douglas County Housing Authority, The Salvation Army, and Topeka Rescue Mission

Employment

Back-to-Work — job preparation, job search, job oversight, permanent and temporary employment assistance; Good Dog! Biscuits and Treats entrepreneurial jobs program – on-the-job training for production, marketing, and distribution skills. Collaborations with Work Force Center and employment agencies

Benefits, ID, Legal

Identification replacement, food stamp, disability, Medicaid and other applications, Kansas Legal Services, DMV, Social Security office, SRS

Intervention – Substance Abuse and Mental Illness

Alcohol and drug counseling, transportation to detox and rehab programs in Topeka, Johnson County, and Kansas City, AA meetings; referrals and collaborations with DCCCA, RADAC, Valeo, and Johnson County Adult Detox Unit, Bert Nash Community Mental Health Center, Lawrence Memorial Hospital, and others

Drop-In Center/Daytime Services - breakfast, laundry, mail, telephone, storage, art therapy, chiropractor, health screenings and education, refuge from extreme weather

Night Services - sleeping spaces for 53 to 110+ families and adults depending on the season and temperature, dinner, storage, showers, substance abuse intervention, counseling

TWELVE MONTH SUCCESSES – 61,172 units of service delivered to the homeless

Housing -- staff helped with applications, landlord/tenant relations, fees, searches

- 28 people moved into permanent housing
- 21 applied to Lawrence Douglas County Housing Authority

Employment -- staff helped with job coaching, entrepreneurial projects, state employment guidance

- 62 people started permanent jobs

Benefits -- staff helped obtain ID, birth certificates, licenses, SRS and SS applications

- 131 individuals applied for ID, driver's license, and other documentation
- 30 applied for disability

Intervention -- staff helped with mental and physical illness episodes, substance abuse detox and rehab

- 27 individuals entered substance abuse detox or rehab programs
- 41 others went to the emergency room or were hospitalized for physical illness
- 84 people went to mental health assessment or treatment
- 555 received prescription assistance

DEMOGRAPHIC PROFILE

- ❖ 505 intakes for new guests in 2011 into case management programs (vs 419 new intakes in 2010)
- ❖ 780 individuals signed into day and night programs combined (vs 667 individuals in 2010)
- ❖ Family Program served 44 families with 62 adults and 75 children
- ❖ 64% male; 36% female
- ❖ 17% under 19 years of age; 78% between 20 and 59 years; 5% over 60 years of age
- ❖ 61% white; 19% African-American; 6% Native-American; 14% Other
- ❖ 41% with mental illness; 47% with substance abuse
- ❖ 27% with a history of head injury vs 3% for the U.S. population

GOALS ACHIEVED

- Hired additional Fundraiser for Lawrence Community Shelter for donor relations
- Completion of capital campaign, new building acquired
- Increase in Back-to-Work job preparation program with pending contract from Vocational Rehabilitation
- Enlarged meals program for more than 75 people seven mornings a week and 110 +/- on evenings
- Daily living services (laundry, mail, storage, phone) provided to more than 70 people daily
- 200+/- volunteers for the day and night shelters
- Retail Sales of Good Dog! Dog treats rose 30% during 2011 from 2010
- Dogtoberfest, a fundraising event in South Park and sponsored jointly by The Dog House (where Good Dog! Biscuits & Treats are produced) donated \$1,000 to Good Dog! Biscuits & Treats and an equal amount to the Lawrence Humane Society.

COLLABORATIONS

Coalition for Homeless Concerns, Homelessness Issues Advisory Commission, 30+ faith groups, Just Food Food Bank, LINK, Community Cooperation Committee, Seabury Academy, KU Community Outreach Office, "Change of Heart" street newspaper, United Way of Douglas County, United Way Roger Hill Volunteer Center, The Salvation Army, ECKAN, Willow Domestic Violence Center, First Step House, Interfaith Initiative, Bert Nash Community Mental Health Center, DCCCA, Douglas County Health Department, Cottonwood/Job Link, Health Care Access, Douglas County Jail Reentry Program, Heartland Clinic, and other providers

GOING FORWARD

- Completion of renovations and relocation into new building
- Continue to increase marketing and distribution of Good Dog! Biscuits and Treats
- Hire full time staff for Good Dog! Biscuits and Treats
- Develop new job training program with Vocational Rehabilitation and the Department of Labor

Interested in Volunteering? Report a Problem? Make a Donation? Learn more about LCS?

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Outside Agency – Lawrence Community Shelter

City of Lawrence Budget – Grant \$49,000

Annual Progress Report – January–December 2011

24/7 Emergency Shelter – Purpose

The 24/7 Emergency Shelter funding is an essential service provided by private and public sources. The City funding is the key source of funding that fills in the hours of operation to ensure a 24/7 place for homeless individuals and families. The conditions of the this grant were to

1. To enhance current 24/7 programs and add new, such as:
 - a. Increased work positions with the Good Dog! Biscuits and Treats employment program, giving experience in marketable skills: **outcome – formerly homeless guests promoted to (1) general manager for quality control and (2) regional manager for in-store inventory control and distribution**
 - b. New men’s and women’s support groups: **outcome – although a separate organization from LCS, there is a new NA group meeting in the LCS building to complement the AA group already meeting there; and a women’s blanket making group has started for support of women staying at the LCS**
 - c. Stronger Back-to-Work job development project: **outcome – collaboration is in progress with the Dept. of Labor in Kansas City, KS to develop a curriculum for classes at the LCS to prepare guests in basic culinary, housekeeping, IT, and other professional skills and to give them a graduation certificate for to show employers**
 - d. Strengthen Baker University Nursing onsite program: **outcome – the program has grown to include more use of advance level student nurses for practicum presentations and visits with the LCS guests**
2. Continue to complete intakes and case plans on new individuals: **outcome – 505 new intakes completed in 2011**
3. Continue participation in the Homeless Management Information System (HMIS) database: **outcome – Continued**
4. Continue to provide daily services to an average of 50+ individuals daily through the 24/7 emergency shelter: **outcome – 780 individuals (non-duplicate count) signed into day and night programs combined in 2011 including the Family Program which served 44 families with 62 adults and 75 children**

How Funds Were Spent

Case managers/monitors salaries portions	\$30,000
Job Counselor salary portion	15,000
Direct assistance – food, medical, transportation, ID	<u>4,000</u>
Total expenses	<u>\$49,000</u>

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Special Alcohol Funds – Lawrence Community Shelter

City of Lawrence Budget – Grant \$27,000

Annual Progress Report – January–December 2011

Substance Abuse Intervention and Collaboration Program

The Special Alcohol Funds were to be used to achieve the following program objectives:

Process Outcomes

- (a) obtain admission for 4 individuals into detox, rehab, or psychiatric care each month
outcome – averaged 9.5 individuals each month
- (b) continue outreach efforts from DCCCA, RADAC, and Bert Nash Community Mental Health Center
outcome – constant exchanges between LCS case managers and staff of DCCCA, RADAC, and Bert Nash for clients
- (c) add new case manager or substance abuse counselor for Intervention and Collaboration Program
outcome – due to revenue limitations this new position was not added in 2011

Behavioral Outcomes

- (a) enter 8 or more individuals into case management each month
outcome – averaged 42.08 per month new individuals into case management each month
- (b) place 5 individuals coming from detox, rehab or psychiatric care into a job over the year and maintain a follow-up schedule to sustain the employment
outcome – 15 individuals coming from detox, rehab, or psychiatric care were placed into jobs and follow-up; 7 sustained employment

Impact Outcomes

- (a) 3 individuals through their commitment to case management, employment and/or recovery practices will improve their life skills to the point of holding a job, being a reliable tenant, and/or remaining in recovery for 12 months.
outcome – 14 individuals successfully held a job, a tenancy, and/or remained in recovery for 12 or more months
- (b) Identify community support to help establish a detox and/or rehab facility in City/County
outcome – these discussions have been discontinued for the time being by relevant agencies

How Funds Were Spent

Case managers salaries portions	\$13,000
Monitors salaries portions	13,000
Local travel, supplies	<u>1,000</u>
Total expenses	<u>\$27,000</u>