



Fun Facts

About Butterflies:

- There are about 28,000 butterfly species throughout the world.
- Butterflies are typically named for distinguishing characteristics such as color or unique body parts.
- Monarch butterflies migrate more than 2,000 miles each year.
- The average butterfly lives only 2-4 weeks.



About Plants:

- Bee balm leaves, which have a minty fragrance, can be added to tea.
- The word Echinacea comes from the Greek word Echinos, which means hedgehog.
- Blanket flower was named for the way it used to blanket the prairies.
- Asclepias was named for the Greek god of medicine. Roots can be boiled to treat respiratory illnesses.
- The name Thyme comes from the French word for little dragon, and the foliage has a lemon scent when crushed.
- Lobelia can only be pollinated by hummingbirds because of the shape of the flower.



Resources

Organizations and websites:

Kansas Department of Wildlife & Parks
www.kdwp.state.ks.us

Kansas Native Plant Society
www.kansasnativesplantsociety.org
www.ksnps.org

Missouri Department of Conservation
www.mdc.gov

Grow Native!
www.grownative.org

North American Butterfly Association
www.naba.org

Xerces Society
www.xerces.org/home.htm



Lawrence Parks & Recreation Department
PO Box 708
Lawrence KS 66044

Phone: 785-832-3450
E-mail: parksrec@ci.lawrence.ks.us
Web: www.lprd.org



South Park Butterfly Garden





Basic Butterfly Gardening

- Educate yourself about butterflies in your region. Which butterfly species live there? What are their preferred host plants? Learn a little about their biology.
- Pick a site that is appropriate. Butterflies are cold-blooded, so they rely on the sun to heat their bodies. A site that is in full sun but is somewhat protected from the wind is best.
- Provide a shallow water source.
- Select plants that will attract butterflies common to your region. Preferably, provide plants for both nectar and larval food.
- When planning a larval food source, plant extra. Butterfly larvae can quickly devour a small group of plants.
- Plan out the bloom sequence so that plants are blooming the entire summer.
- Plant your garden!



Nectar Plants

Nectar Plants included in the garden

Asclepias tuberosa, Butterfly milkweed

Cultivars: species, 'Hello Yellow'

Aster sp., Aster

Cultivar: 'Professor Kippenberg'

Aster novae-angliae, New England Aster

Cultivar: 'Purple Dome'

Buddleja davidii, Butterfly bush

Cultivars: 'Attraction,' var. *nanhoensis*
'Nanho Blue,' 'Nanho Purple'

Echinacea purpurea, Coneflower

Cultivars: 'Rubinstern' (Ruby Star), 'White Swan'

Echinacea Big Sky Series TM, Coneflower

Cultivar: 'Sunrise'

Eupatorium rugosum, White snakeroot

Cultivar: 'Chocolate'

Gaillardia sp., Blanket flower

Cultivars: 'Baby Cole,' 'Goblin'

Liatris spicata, Gayfeather or Blazing star

Cultivar: 'Kobold'

Lobelia speciosa, Cardinal flower

Cultivars: 'Fan Blue,' 'Fan Deep Rose'

Monarda didyma, Beebalm

Cultivar: 'Petite Delight'

Salvia x nemorosa, Perennial Salvia

Cultivar: 'Mainacht' (May Night)

Scabiosa columbaria, Pincushion flower

Cultivars: 'Butterfly Blue,' 'Pink Mist'

Sedum spp., Stonecrop, Live-forever

Cultivars: 'Carl,' x *erythrostictum* 'Frosty Morn,' *spectabile* 'Autumn Fire'

Other nearby nectar sources:

Redbud, Crabapple

Native or cultivated variety of Kansas native
 Seedheads provide winter food for birds



Larval Food Source and Other Plants

Larval Food Source Plants included in the garden

Asclepias tuberosa, Butterfly milkweed

Cultivars: species, 'Hello Yellow'
species native

Eupatorium rugosum, White Snakeroot

Cultivar: 'Chocolate'

Ruta graveolens, Rue

Cultivar: 'Blue Mound'

Stokesia laevis, Stoke's aster

Cultivar: 'Purple parasols'

Tanacetum parthenium, Feverfew

Cultivar: 'Aureum'

Thymus serpyllum, Creeping thyme

Cultivar: 'Magic Carpet'



Other nearby larval food sources:

Crabapple, Ash, Hackberry



Other plants included in the garden

Dianthus gratianopolitanus, Cheddar pinks

Cultivars: 'Bath's Pink,' 'Tiny Rubies'

Heuchera spp., Coral bells

Cultivars: 'Chocolate Ruffles,'
'Green Spice'

Hibiscus moscheutos, Rose mallow

Cultivars: 'Raspberry Parfait'

Hosta spp., Plantain lily

Cultivars: 'Francee'

Mentha piperita, Chocolate mint and Orange mint

Cultivars: 'Chocolate,' 'Citrata'

Mentha suaveolens, Apple mint and Pineapple mint

Cultivars: species, 'Variegata'

Origanum laevigatum, Ornamental oregano

Cultivar: 'Herrenhausen'