

---

## Recreation Facilities – Sports/Personal Training and Instruction Policy

---

### **Purpose:**

To establish guidelines and procedures to govern personal or sports training/instruction by non-Lawrence Parks and Recreation employees.

### **Scope:**

All facilities and parks owned by the City of Lawrence and operated by the Parks and Recreation Department.

### **Responsible Party:**

Director, Lawrence Parks and Recreation Department

### **I. Policy:**

- A. Unless facility space is rented and paid for, only Lawrence Parks and Recreation employees, volunteers, or individuals who have obtained written permission from the City of Lawrence may conduct personal/sports training or instruction on or in any City property operated and/or maintained by the Lawrence Parks and Recreation Department.
- B. Training/Instruction includes personal training, coaching, lessons, clinics, camps, team practices, physical therapy or other instruction of any sort including physical fitness or athletic performance.
- C. This policy applies both to the person giving instruction and the person receiving it.

### **II. Procedures:**

- A. Anyone observed performing the following behaviors may be approached and questioned regarding their activities:
  - 1. Writing and/or designing a training program for another person or group
  - 2. Explaining and providing directions or instruction to a person or group about a specific workout, fitness routine, or drills related to a specific sport
  - 3. Directing exercise and/or drill order and technique for a person or group
  - 4. Meeting with the same person(s) on a frequent basis or multiple persons on the same day
  - 5. Setting up sports equipment (weights, cones, ball carts, etc.) for a person
  - 6. Receiving payment from another individual for training/instruction session(s).
- B. If an LPRD staff member concludes that this policy has been violated, both the trainer and patron may be asked to leave the facility. Repeat violations of this policy may result in suspension or permanent loss of LPRD privileges.