# ONTHLY

**JANUARY 2026** 

### **JANUARY COFFEEHOUSE**

Monday, January 26, 2026

Dinner & Dance: 5:30 - 7:30 pm | \$40 Dance Only: 6:30 - 7:30 pm | \$18

Douglas County Fairgrounds, Flory Building

Theme: Chinese New Year

Menu: Sweet & sour chicken, mixed veggies, fried

rice, crab rangoon, and rice pudding for dessert





Saturday, January 17, 2026

Social Bowling & Pizza Party: 10:30 am - 12:30 pm | \$43

Social Bowling Only: 10:30 am - 12 pm | \$20

Royal Crest Lanes, 933 Iowa St.

# ADAPTIVE ZUMBA

Thursday, 1/8-3/12 | 6:30 - 7:30 pm | \$53

Come shake, smile, and move at your own pace while enjoying a lively workout with friends! Zumba focuses on easy-to-follow dance moves, great music, and a supportive environment.





# LINE DANCING!

Tuesday, 2/3-2/24 | 6:30 - 7:30 pm | \$30

Move and groove while having fun learning and practicing your favorite line dances! This four-week course will build your confidence to get out on the floor and dance to your favorites - Boot Scoot Boogie, Cha-Cha Slide and more!

Monday, 2/2 -5/11 | 6:30 - 8 pm |\$54

Step into the spotlight and let your creativity shine! This class uses theatre games, movement, and simple scenes to help participants express themselves, build confidence, and have a great time. No experience needed—just bring your imagination and get ready to laugh, play, and explore the world of acting with new friends!



## UNIFIED RECREATION REGISTRATION FORM

**Please Print Legibly** 

Check to Enroll	Enroll Staff	Activity/Trip	Code	Fee	Enrollment Deadline
		January Coffeehouse & Dance Monday, 1/26   5:30 - 7:30 pm   Flory Building Dietary Restrictions:	122200-A	\$40	12/15
		<b>January Coffeehouse Dance Only</b> Monday, 1/26   6:30 - 7:30 pm   Flory Building	122205-A	\$18	12/15
		<b>January Bowling &amp; Pizza Party</b> Saturday, 1/17   10:30 am - 12:30 pm	122300-A	\$43	12/15
		<b>January Bowling Only</b> Saturday, 1/17   10:30 am - 12 pm	122301-A	\$20	12/15
		Adaptive Zumba Thursday, 1/8-3/12   6:30 - 7:30 pm	122400-A	\$53	12/15
		<b>Acting</b> Monday, 2/2-5/11   6:30 - 8 pm	122401-A	\$54	1/15
		Adaptive Line Dancing Tuesday 2/3-2/24   6:30 - 7:30 pm	122207-A	\$30	1/15
		<b>Disney on Ice: Road Trip Adventures</b> Saturday, 1/24   11 am - 5 pm	727315-C	\$108	12/15
		<b>St. Louis, MO</b> Wednesday, 4/29 - Friday, 5/1, 2026	724316-A	\$920	3/27/2026

A

Activity involves minimal physical exertion



Activity requires average physical exertion



Activity requires moderate physical exertion

#### **INCLEMENT WEATHER POLICY**

With winter weather approaching, Unified Recreation staff will notify participants at least two hours before the beginning of an activity or trip departure of any cancellations. We ask that you not call the office to check on the status of activities.





## **DISNEY ON ICE: ROAD TRIP ADVENTURES**

Sunday, January 24, 2026 | 11am - 5 pm | \$108

Let the gang zoom you into a magical journey with Mickey and friends on *Road Trip Adventures!* Travel to Disney worlds with Moana, Simba, Aladdin, Mary Poppins, Anna and Elsa, and the Toy Story crew in this interactive ice spectacular!

# St. Louis, Missouri

Join Us For a St. Louis Getaway! Wednesday, 4/29 - Friday, 5/1 | \$920

Explore the iconic Gateway Arch, take in the sights on a scenic Mississippi River cruise, and wander through the historic Union Station.

Enjoy hands-on adventures at the one-of-akind City Museum. We will also be visiting incredible wildlife at the world-famous St.

Louis Zoo. It's a trip packed with discovery, great views, and unforgettable fun!

Fee includes Parks and Recreation staff escorts, meals, activities, transportation and lodging

M M M	Saturday	m	01	17 BOWLING 10:30 am - 12:30 pm Royal Crest Lanes	24 DISNEY ON ICE 11 am - 5 pm	31
	Friday	7	0)	16 CITY OFFICES CLOSED	23	90
CALEN	Thursday	1	8 FIRST NIGHT of ZUMBA 6:30 - 7:30 pm Community Building	15 ZUMBA 6:30 - 7:30 pm Community Building	22 ZUMBA 6:30 - 7:30 pm Community Building	29 ZUMBA 6:30 - 7:30 pm Community Building
S S	Wednesday		7	77	27	28
ARK	Tuesday		φ	13	50	27
N N N	Monday		IO.	12	19	26 COFFEEHOUSE 5:30 - 7:30 pm DG County Fairgrounds Flory Building
A	Sunday		4	#	18	25